



Program Materials	Price	Quantity
CDs		
- Relaxation for Pregnancy	\$25.00	
- Birthing Preparation (Self-Hypnosis) - 3 tracks	\$30.00	
- Birthing Affirmations	\$15.00	
- Post-Natal Relaxation -2 tracks	\$25.00	
<b>BirthSkills Program Manual (only)</b>	<b>\$50.00</b>	
<b>Complete Program Pack</b> (including Manual, technique guide, scripts, email support and CD Set)	<b>\$110.00</b>	
<i>N.B. The technique guide is not available separately</i>		
<b>Program Pack Plus Post-Natal Care option</b>  (+ post-natal relaxation CD, post-natal care workbook & support)	<b>\$165.00</b>	

Orders will usually be sent the following business day. Prices include postage and gst

Order Total \_\_\_\_\_

Name \_\_\_\_\_

Postal/Delivery Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Email \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Mobile \_\_\_\_\_

**Cheque** - Please make cheques payable to: BirthSkills please send to **118 Heagney Crescent, Chisholm, 2905, ACT** (orders made by cheque will be sent once the funds have cleared – usually 5 business days).

**Direct Deposit** (via internet banking or in person at any St Georges branch)

**BirthSkills**  
BSB 112-879  
Acc No. 002891513  
Ref: Your name & invoice number

**Credit card (4.5% surcharge applies) – Phone 1300 668 013; fax (02) 6291 3739 (please phone first) or post to 118 Heagney Crescent, Chisholm, ACT, 2905**

Please circle:    MasterCard    Visa    Bankcard    American Express

Card number \_\_\_\_\_

Expiry date    \_\_\_\_/\_\_\_\_/\_\_\_\_ Amount being paid (including surcharge) \_\_\_\_\_

Name as it appears on the card \_\_\_\_\_

Signature of card holder \_\_\_\_\_

